

Maine Mountain Children's House

Toddler 1st Day of School Checklist

Here are some helpful items for your child to have here at MMCH ~

Indoor shoes (stay at school)

It is important for these shoes to be comfortable and fit your child's foot properly. It's helpful to have high quality footwear that allows your child to bend and flex as they develop walking and other gross motor skills.

Lunch box

MMCH is a nut free school. No nuts of any kind are permitted in our school due to a severe nut allergy within our student body.

Something your child can work toward opening on his/her own. Always include an ice pack so the lunch can stay cold throughout the day. Please remember, we ask that you don't pack juice, treats, or other items high in sugar. MMCH has silverware and dishware for your child to use which they learn to set and wash each day. There is no need to bring these items from home.

Extra Clothing

At least two pairs of pants/shorts, underwear, socks, and shirts. Feel free to also leave an extra raincoat, hat, mittens, and outdoor footwear at MMCH if that's helpful for your family. These items should be swapped out as the weather changes or your child grows throughout the year.

Diaper/Wipes

Please send diapers and wipes of the brand you prefer for your child to keep at school. We will let you know if these items become low so you may restock as needed.

Nap materials

When taking a nap, your child will have their own cot with a fitted sheet to sleep on. Additionally, please send a nap mat/roll, a small blanket, a pillow (if your child is in the habit of using one), and a stuffed animal, "lovey", or pacifier if your child prefers. If you don't have a nap mat and would like to get one, here are some recommendations:

[Wild Kin Nap Mats](#) - our #1 recommendation!

[Everyday KIDS Nap Mat](#)

[Rollee Pollee Nap Sac](#)

Cubby photo

Bring in a 4x6 photo of your child for his/her cubby. This can be of just your child, or your whole family. It's meant to help your child recognize where their belongings go, but to also put a smile on their faces when they see it.

Framed Family Photo

We like to hang framed family photos in our classroom to help bridge the gap between home and school. Please send in a 5x7 or 4x6 framed picture that you are willing to share with your child's classroom for a while. Your toddler will love it!

Water bottle (stays at school)

It's great if your child has a water bottle that can stay at MMCH. We always provide water throughout the day so children can stay hydrated. Just remember to label it, please!

Napkin

In an effort to create less waste, children at MMCH use cloth napkins that are laundered each afternoon. Please send in a cloth napkin that will stay and be shared by others at MMCH.

Sunscreen & Bug spray (can stay at school)

If you'd like your child to use sunscreen or bug spray at school, please give them to a teacher with your child's name on them so we can use them outside as necessary. If you feel your child already has them from last year, let us know and we will make sure they have not run out or expired.

